

# EC3 Emotional Care for Chronic Conditions a wellbeing programme


Do you have a diagnosis of  
**Atrial Fibrillation? Heart Failure?  
Coronary Heart Disease?  
Chronic Obstructive  
Pulmonary Disease?  
Asthma? Diabetes?  
Stroke? Obesity?**  
**AND** is it affecting your  
emotional wellbeing?

Join the **EC3**  
Programme!

For more information contact  
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in partnership with Renewminds



The  
**EC3** Team  
can help  
you find  
ways to help  
you manage  
the emotional  
fallout of your  
chronic condition  
better

**EC3** offers a range  
of therapeutic  
and supportive  
interventions

Ask your **GP** or  
**Social Worker** to refer  
you to **EC3**